

# Morans

## Gluten Free Menu

This Menu contains all of our dishes that can be adapted to accommodate gluten free diets and still enjoying the great tastes of our cuisine.

*PLEASE ADVISE YOUR SERVER IF YOU HAVE ORDERED FROM THIS MENU TO ENSURE YOUR DISH IS MADE GLUTEN FREE.*

### Starters

- 4. **Gung Sate**  
BBQ skewered prawn served with a spicy seafood sauce dip £7.95
- 8. **Moo Yang**  
BBQ skewered pork served with chilli sauce £6.75
- 16. **Tom Yum** (spicy hot and sour lemongrass soup) \*\*\*
- 17. **Tom Kha** (coconut milk, galangal and lemongrass soup) \*
  - King Prawns - £7.95                      Chicken - £6.95
  - Seafood - £8.95                          Mushroom - £5.95

### Mains

- 19. **Weeping Tiger \*\***  
Slices of grilled 8oz sirloin steak tossed in hot wok with garlic, black pepper and coriander, served with oyster sauce. £14.95
- 20. **Nuea Terriyaki**  
Grilled 8oz sirloin steak sliced thinly; cooked in Japanese sweet wine, sake, ginger & soy sauce. £14.95
- 21. **Grapaw Nuea \*\*\***  
Stir fried beef chopped coarsely with garlic, chillies and basil. £11.25
- 22. **Nuea Prig Thai Dum \*\***  
Stir fried beef with black pepper, oyster sauce and vegetables. £11.25
- 23. **Nuea Pad Nam Mun Hoi**  
Stir fried beef with oyster sauce, onion, mushrooms and broccoli. £11.25
- 26. **Pad Khing Gai**  
Stir fried chicken with ginger, garlic and mushrooms. £9.50
- 27. **Gai Pad Nam Mun Hoi**  
Stir fried chicken with oyster sauce, onion, mushrooms and broccoli. £9.50
- 28. **Gai Ma Muang**  
Stir fried chicken with cashew nuts, baby corn and mushrooms. £9.50
- 29. **Grapaw Gai \*\*\***  
Stir fried chicken chopped coarsely with garlic, chillies and basil. £9.50
- 30. **Gai Prig Thai Dum \*\***  
Stir fried chicken with black pepper, oyster sauce and vegetables. £9.50
- 32. **Gaeng Kahree Gai \***  
A mild chicken yellow curry with potatoes, topped with crispy fried onions. £9.50
- 35. **Moo Pad Nam Mun Hoi**  
Stir fried pork with oyster sauce, onion, mushrooms and broccoli. £9.50
- 37. **Moo Pad Khing**  
Stir fried pork with ginger, garlic and mushrooms. £9.50
- 38. **Moo Prig Thai Dum \*\***  
Stir fried pork with black pepper, oyster sauce and vegetables. £9.50
- 39. **Grapraw Moo \*\*\***  
Stir fried pork chopped coarsely with garlic, chillies and basil. £9.50
- 42. **Ped Terriyaki** Roasted duck breast cooked in Japanese sake and soy sauce £13.95

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43. **Ped Prig Thai Dum \*\***  
Stir fried duck with black pepper, oyster sauce and vegetable. £11.50
44. **Ped Ma Karm**  
Grilled marinated duck leg served with tamarind sauce. £13.95
45. **Ped Pad Nam Mun Hoi**  
Stir fried duck with oyster sauce, onion, mushrooms and broccoli. £11.50
46. **Ped Pad Khing**  
Stir fried duck with ginger, garlic and mushrooms. £11.50
80. **Gung Pad Prig Khing \*\*\***  
Prawns with red curry paste, fine beans & Kaffir lime leaves. £11.50
81. **Gung Sam Rod \***  
Deep fried crispy king prawns with sriracha sauce and mixed vegetables. £11.50
47. **Gung Ma Muang**  
Stir fried king prawns with cashew nuts, baby corn and mushrooms. £11.50
49. **Gung Prig Thai Dum \*\***  
Stir fried king prawns with black pepper, oyster sauce and vegetables £11.50
50. **Gung Pad Nam Mun Hoi**  
Stir fried king prawns with oyster sauce, onion, mushrooms and broccoli. £11.50
51. **Grapraw Gung \*\*\***  
Stir fried king prawns with garlic, chillies and basil. £11.50
- 60a. **Plah Gung (Thai King Prawn Salad) \*\***  
King Prawns tossed in Thai dressing with lemongrass, coriander, lemon juice and chilli paste sauce. £12.95
82. **Calamari Sam Rod \*\***  
Deep fried crispy squid with sriracha sauce and mixed vegetables. £11.95
83. **Calamari Prig Thai Dum \*\***  
Deep fried crispy squid with black pepper sauce and mixed vegetables. £11.95
55. **Prig Thai Dum \*\***  
Stir fried mixed seafood with black pepper, oyster sauce and vegetables. £17.95
56. **Grapraw Thaley \*\*\***  
Stir fried mixed seafood with garlic, chillies and basil. £17.95
57. **Seafood with Ginger and Garlic**  
Served with mushrooms, garlic, ginger and mixed vegetables in a oyster sauce. £17.25
58. **Pla Nueng Ma Nao \*\*\***  
Steamed fillets of sea bass in garlic, chillies and lemon juice sauce. £17.65
85. **Gaeng Kahree Pak \*\***  
Mixed vegetables with potato in a yellow curry sauce topped with fried onions £9.50
90. **Laab Aubergine \*\***  
Spicy Thai salad in a light, fresh dressing £9.00
61. **Pad Pak (Stir Fried Vegetables)** £5.95 (D) Mixed vegetables with ginger  
(E) Mixed vegetables with garlic and chilli \*\*\* (F) Mixed vegetables with oyster sauce  
(G) Mixed Vegetables with bean sprouts (H) Stir fried bean sprouts
62. **Pad Thai** (fried rice noodles with beansprouts, egg and roasted ground peanuts)  
Original - £6.95 King Prawns - £8.95 Chicken - £7.95
64. **Khao Siew** Steamed Thai Rice £2.65
65. **Khao Man** Thai rice with coconut milk £2.95

