

# Moran's Restaurant & Bar

## STARTERS

<b>Lightly Battered Crispy King Prawns</b> served with a sweet chilli dip	8
<b>Calamari</b> in a light batter with a sweet chilli sauce	8
<b>Mussels **</b> (Limited availability) In a black pepper, chilli and ginger broth (GFO)	8
<b>Crispy Pork Belly</b> served with sweet black soy sauce (GFO)	7.50
<b>Chicken Satay</b> barbecued chicken served with peanut sauce (GFO)	7
<b>Chicken Gyoza</b> with sweet chilli dip	7
<b>Vegetable Gyoza</b> with sweet chilli dip	6.75
<b>Vegetable Spring Rolls</b> served with sweet chilli or plum sauce	6.75
<b>Roasted Duck with Pancake Wraps</b> served with hoisin sauce	9

## CHEFS SPECIALS limited availability

All specials can be adapted to be **GLUTEN FREE** upon request

<b>Westcountry Weeping Tiger*</b> Sliced matured Devon sirloin steak with garlic & black pepper	
<b>Duck Tamarind</b> Roasted duck in a sweet & tangy fruity tamarind sauce with fried onions	
<b>Westcountry Mussels *</b> in a Thai broth of garlic, black pepper, ginger & onion (limited availability)	16
<b>Fried Local Seabass</b> with garlic, soy bean & ginger with mixed vegetables	
<b>Local Monkfish Yellow Curry **</b> with coconut milk, potatoes & onion	18

## NOODLES / SIDES

16. <b>Pad Thai</b> - Rice noodles with bean sprouts, egg & peanuts (GFO)	9	
17. <b>Egg Noodles</b> - Stir fried egg noodles with egg, cabbage, carrot & bean sprouts	9	
<b>Steamed Rice</b> 3	<b>Coconut Rice</b> 3.25	<b>Mixed Vegetables</b> 6
<b>Egg Fried Rice</b> 3.25	<b>Chips</b> 3.25	<b>Chicken Fried Rice</b> 8.25
<b>Garlic Noodles</b> 6		

## STIR FRY

All Stir fry dishes can be adapted to be **VEGETARIAN**, **VEGAN** or **GLUTEN FREE** upon request

10. **Garlic, Chilli & Basil** - \* \* \* garlic, chilli, basil & mixed vegetables
11. **Ginger** - ginger, garlic & mixed vegetables
12. **Sweet & Sour** - & mixed vegetables
13. **Black Pepper** - \* garlic, black pepper & mixed vegetables
14. **Oyster Sauce** - & mixed vegetables
15. **Cashew Nuts** - \* & mixed vegetables

Choose either:

**King Prawns** 13   **Beef** 13   **Duck** 14   **Chicken** 11   **Pork** 11   **Chickpea** 10

## CURRIES

All curries can be adapted to be **GLUTEN FREE** upon request

18. **Green Curry** - \* \* \* Fragrant spicy coconut & Kaffir lime infused curry
19. **Red Curry** - \* \* \* Fragrant sweet & spicy coconut curry with basil
20. **Yellow Curry** - \* \* Thai spices in a rich and creamy curry with potatoes & onion (vegan)
21. **Massaman Curry** - \* \* Creamy flavourful peanut curry with tomatoes, potatoes & onion

Choose either:

**King Prawns** 14   **Beef** 14   **Duck** 15   **Chicken** 12   **Pork** 12   **Chickpea** 11

If you have any allergies or intolerances please inform your server. **GFO** = Can be adapted to gluten free

