

Moran's Restaurant & Bar

STARTERS

Lightly Battered Crispy King Prawns
served with a sweet chilli dip 8.5

Mussels ** in a traditional Thai broth with
black pepper & ginger 8.5

Prawn Tom Yum Soup *** hot & sour
soup with galangal, lime & lemongrass 10

Pork Belly Thai style roasted pork belly
with sweet soy sauce 8

Chicken Satay barbecued chicken served
with peanut sauce 8.50

Gyozas (Ask for today's fillings) with
sweet chilli dip 7.50

Vegetable Spring Rolls served with sweet
chilli or plum sauce 7

Duck Spring Rolls served with cashew nuts
& hoisin sauce 7.75

NOODLES & SIDES

Pad Thai - Rice noodles with
bean sprouts, egg & peanuts9

Egg Noodles - Stir fried egg
noodles with cabbage, carrot &
bean sprouts8.25

Steamed Rice3

Coconut Rice3.50

Mixed Vegetables6

Egg Fried Rice3.50

Chips3.50

Garlic Noodles6

CHEFS SPECIALS

LIMITED AVAILABILITY

Appledore Mussels **

in a traditional Thai broth
with black pepper & ginger.....16.5

Appledore Seabass Sam Rod ***

topped with a sweet, sour and spicy stir fry sauce &
mixed vegetables
.....19

Appledore Monkfish Chao Soi Curry **

Fragrant & fresh spiced lime and lemongrass
curry with potatoes & onion....19

Weeping Tiger *

sliced matured sirloin steak
cooked in garlic & black pepper sauce17

STIR FRY

All Stir fry dishes can be adapted to be GLUTEN FREE upon request

Garlic, Chilli & Basil - *** garlic, chilli, basil & mixed vegetables

Ginger - & mixed vegetables

Sweet & Sour - & mixed vegetables

Black Pepper - * garlic, black pepper & mixed vegetables

Oyster Sauce - & mixed vegetables

Cashew Nut - * & mixed vegetables

Choose either: **King Prawns** 13 **Beef** 13 **Duck** 14 **Chicken** 12 **Bean** 10

PLANT BASED

VEGAN MENU

Jackfruit & Vegetable Red Curry *** 11

Bean & Vegetable Yellow Curry ** 11

Tofu & Vegetables stir fried with Chilli & Basil *** 11

Mixed Vegetables stir fried with Ginger 11

Pad Thai Noodles with Tofu, Vegetables & Beansprouts topped with Nuts 11

Yakisoba Sesame Noodles stir fried with Vegetables topped with Crispy Onions 11

All Gluten free

CURRIES

Yellow Curry - ** Thai spices in a rich and creamy curry with potatoes & onion

Massaman Curry - * Creamy flavourful peanut curry with tomatoes, potatoes & onion

Red Curry - *** Fragrant sweet & spicy coconut curry with basil

Green Curry - *** Fragrant spicy coconut & Kaffir lime infused curry

Choose either: **King Prawns** 14 **Beef** 14 **Duck** 15
Chicken 13 **Bean** 11

SET MENU

why choose? Try our set menu to sample our popular dishes!

Mixed Starters chefs' selection of 5 starters

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*Chicken Cashew *Sirloin Steak Black Pepper

*King Prawn Yellow Curry *Pad Thai *Rice

£29.95 per person

minimum 2 people