



Welcome to Moran's Restaurant & Bar a vibrant Thai restaurant and cocktail bar nestled in the heart of Westward Ho, North Devon. Since opening our doors in Easter 2013, we have been dedicated to providing an exceptional dining experience for our guests.

At Moran's, we are fuelled by our genuine passion for food. Our team of talented chefs (Pictured above), with their wealth of experience and expertise in Thai cuisine, create mouthwatering dishes that are bursting with authentic flavours and fragrant spices. From classic Thai curries to delicious stir-fries and tantalizing street food, our menu is a celebration of the rich culinary heritage of Thailand.

Our commitment to quality extends beyond the kitchen. Our friendly and professional front of house team is always ready to welcome you with warm hospitality and ensure that your dining experience is nothing short of extraordinary. We take pride in delivering exceptional service, making every visit to our restaurant a memorable one.

Located overlooking the picturesque bay, Moran's offers stunning views of Lundy Island, creating a breathtaking backdrop for your dining experience. You can immerse yourself in the beauty of the surroundings while indulging in the flavours of Thailand.

The Moran's Family.



TIKTOK
Themoransfamily@morans restaurant



INSTAGRAM
Morans Restaurant (@moransrestaurant)



www.moransrestaurant.co



FACEBOOK
<https://www.facebook.com/moransrestaurant>

Phone number 01237 472070

Morans
RESTAURANT & BAR

EVENING MENU

Morans
RESTAURANT & BAR

Golf Links Road, Westward Ho! EX39 1LH

STARTERS

PRAWN CRACKERS & DIP	5
SOFT SHELL CRAB - Pboo Tod ***	14
Soft shell crab in a spicy Thai salad with fresh chilli, lime & garlic	
CHICKEN SATAY - Gai Satay GFO	10
Marinated barbecued chicken with peanut sauce	
POPULAR!	
TEMPURA KING PRAWNS – Gung Tod	10
Lightly battered crispy king prawns, served with sweet chilli dipping sauce	
TEMPURA CALAMARI - Plaa Murg Tod VEO	10
With lemon & sweet chilli sauce	
NEW!	
BEEF SPRING ROLLS * – Po Pia Neau Tod	9
Beef spring rolls with onion, black pepper & garlic	
DUCK SPRING ROLLS - Po Pia Bped Tod	9
Shredded roast duck & vegetable rolls with cashew nuts and hoi sin sauce	
CRISPY PORK BELLY - Moo Gob GFO	9
Served with a dark sweet soy dipping sauce	
VEGETABLE GYOZAS - Gyoza Pak v	8
Vegetable filled dumplings served with sweet chilli sauce	
VEGETABLE SPRING ROLLS - Po Pia Tod v	8
Vegetable spring rolls, served with sweet chilli or plum sauce	
TOM YUM SOUP ***	
Mushroom	8
Chicken	9.50
King Prawns	11
A traditional spicy hot & sour Thai soup with galangal, lemongrass & kaffir lime	

NOODLES & SIDES

GOOD FOR SHARING!			
Chicken	15	Tofu	15
King Prawns	16	Duck	17
Mixed Beans & Vegetables			14
BEST SELLER!			
MORAN'S PAD THAI  			
Rice noodles in chef's sauce with beansprouts, egg and roasted ground peanuts			
EGG NOODLES - Pad Mee Kai			
Stir fried egg noodles with bean sprouts			
DRUNK NOODLES * * * - Pad Key Mao  			
Stir fried rice noodles with chilli, basil, bean sprouts and bamboo shoots			
STEAMED THAI RICE			3.75
EGG FRIED RICE			4
COCONUT RICE			4
GARLIC NOODLES			6
CHIPS			4.50

STIR FRY

All stir fries can be made gluten free on request
Don't forget rice or a side!

Chicken	14	Beef	15
King Prawns	15	Duck	16
Mixed Beans & Vegetables V	13		

THAI CLASSIC!

GARLIC, CHILLI & BASIL * - Pad Grapraw **GFO** **VEO****
Stir fry with garlic, chilli, basil & mixed vegetables

GINGER - Pad Khing **GFO** **VEO**
Stir fry with ginger, garlic & mixed vegetables

SWEET & SOUR - Pad Pryiow Waan **GFO** **VEO**
Stir fry in sweet & sour sauce with mixed vegetables

BLACK PEPPER ** - Pad Prig Thai Dum **GFO** **VEO**
Stir fry in a black pepper & garlic sauce with mixed vegetables

OYSTER SAUCE - Pad Nam Mun Hoi **GFO** **VEO**
Stir fry in oyster sauce with mixed vegetables

CASHEW NUTS - Pad Mid Ma Muang * **GFO** **VEO**
Stir fry with cashew nuts, pineapple & mixed vegetables in chilli paste

CURRIES

All curries are made gluten free
Don't forget rice or a side!

Chicken	15	Beef	16
King Prawns	16	Duck	17
Mixed Beans & Vegetables V	14		

MASSAMAN CURRY - Gaeng Massaman * **GF**
Mild rich aromatic Thai curry with warm spices, tomato, potato, onions & peanuts

GREEN CURRY - Gaeng Khiao Waan *** **GF**
Fragrant Thai classic, Traditional Thai herbs with peppers, green beans, bamboo & Basil

RED CURRY - Gaeng Daeng *** **GF**
Fiery Thai red curry with kaffir lime, peppers, bamboo shoots, courgettes & basil

MOST POPULAR!

MORAN'S YELLOW CURRY ** - Gaeng Kahree **GF **VEO****
Our bestseller! A blend of turmeric, warm spices & coconut milk with a hint of spice

Please be aware that our dishes may contain allergens, including but not limited to nuts, dairy, gluten, and shellfish. We use peanuts in our kitchen and take every precaution to ensure the safety of our guests; however, we cannot guarantee the absence of cross-contamination. If you have any allergies or dietary restrictions, please inform your server before placing your order. Your safety is our priority.

V Suitable for vegetarians. **VE** Suitable for Vegans. **GF** Gluten Free.
GFO Gluten free option available on request

All weights of our meat are approximate uncooked.

All meals may contain nuts or nut derivatives. Fish may contain small bones.

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.

SPECIALITY CURRIES

Don't forget rice or a side!

SEABASS CHOO CHII *** Gaeng Daeng Plaa 24
Fiery & Creamy Thai Red curry base with coconut milk, kaffir lime, peppers, green beans & basil

ROYAL GREEN CURRY *** Geang Khiao Waan Luang **GF** 25
Soft shell crab & king prawns with peppers, green beans, bamboo & basil

NEW!

KHAO SOI CHICKEN ** Khao Soi Gai 20
One of Northern Thailand's most famous & popular dishes of a rich coconut curry with chicken, egg noodles, crispy noodles, red onion & coriander

LAMB MASSAMAN ** - Gaeng Massaman **GF** 20
Slow cooked lamb in a mild rich aromatic Thai curry with warm spices, Tomato, potato, onions & Peanuts

VEGAN JACKFRUIT RED CURRY *** - Gaeng Daeng Pak **GF** **VE** 15
Sweet Jackfruit in a fiery Thai red curry with kaffir lime, peppers, bamboo shoots, courgettes & basil

SIGNATURE DISHES

Don't forget rice or a side!

MORAN'S WEeping TIGER ** - Suea Rong Hai **GFO** 24
Matured 8oz sirloin steak thinly sliced, tossed in the wok with black pepper, garlic & mixed vegetables

CHILLI & LIME SEABASS *** Yam Plaa 23
Steamed seabass in a fresh light but spicy Thai sauce with lime garlic & chilli

KING PRAWN TAMARIND Gung Ma Karm 19
Tempura king prawns in a sticky, sweet, sour tamarind sauce with fried onion

MORAN'S DRUNK PIG **** Mao Moo 19
– for the spice lovers!
Pork belly, green beans & cabbage with oyster sauce, chilli, black pepper, basil & garlic

TEMPURA 'FISH' SAM ROD ** Tod Man 17
Khloy Sam Rod VEGAN
Tempura banana blossom topped in a sweet, spicy & sour 3 flavour s auce with basil & mixed vegetables

NEW!

MORAN'S GOLDEN MOUNTAIN Khao Pad Saparot 24
Moran's famous mountain of Thai pineapple fried rice. Chicken, Beef, Duck & King prawns stir fried with egg, rice, pineapple & cashews. For someone with a big appetite or GREAT FOR SHARING!