



Welcome to Moran's Restaurant & Bar a vibrant Thai restaurant and cocktail bar nestled in the heart of Westward Ho, North Devon. Since opening our doors in Easter 2013, we have been dedicated to providing an exceptional dining experience for our guests.

At Moran's, we are fuelled by our genuine passion for food. Our team of talented chefs (Pictured above), with their wealth of experience and expertise in Thai cuisine, create mouthwatering dishes that are bursting with authentic flavours and fragrant spices. From classic Thai curries to delicious stir-fries and tantalizing street food, our menu is a celebration of the rich culinary heritage of Thailand.

Our commitment to quality extends beyond the kitchen. Our friendly and professional front of house team is always ready to welcome you with warm hospitality and ensure that your dining experience is nothing short of extraordinary. We take pride in delivering exceptional service, making every visit to our restaurant a memorable one.

Located overlooking the picturesque bay, Moran's offers stunning views of Lundy Island, creating a breathtaking backdrop for your dining experience. You can immerse yourself in the beauty of the surroundings while indulging in the flavours of Thailand.

The Moran's Family.

KID'S MENU

Under 12's

All 7.95

CHICKEN BITES & CHIPS

MINI VEG SPRING ROLLS & VEGGIE STICKS WITH CHIPS

STIR FRIED CHICKEN EGG NOODLES

VEGETABLE FRIED RICE

SWEET & SOUR CHICKEN WITH RICE

CHICKEN MASSAMAN CURRY & RICE



TIKTOK

Themoransfamily@morans restaurant



INSTAGRAM

Morans Restaurant (@moransrestaurant)



www.moransrestaurant.co



FACEBOOK

https://www.facebook.com/moransrestaurant

Phone number 01237 472070

Morans
RESTAURANT & BAR

Golf Links Road, Westward Ho! EX39 1LH

Morans
RESTAURANT & BAR

LUNCH MENU

THAI TAPAS MENU

2 MAINS + 1 SIDE	15.95
3 MAINS + 1 SIDE	19.95
EXTRA MAIN	7
EXTRA SIDE	4

TAPAS MAINS

- Chicken Satay
- Pork Gyozas
- Vegetable Gyozas
- Chicken Gyozas
- Tempura King Prawns
- Thai Fish Cakes
- Duck Bites with Hoisin
- Chicken & Prawn Sesame Toast
- Tempura Vegetables
- Vegetables in Yellow Curry
- Chicken Massaman Curry (potato & peanuts)
- Chicken Green Curry
- Pork Belly, mixed veg, black pepper
- Stir-Fry Chicken, garlic chilli & mixed vegetables

TAPAS SIDES

- Steamed Rice
- Egg Fried Rice
- Coconut Rice
- Egg Noodles
- Chips
- House Salad

Please be aware that our dishes may contain allergens, including but not limited to nuts, dairy, gluten, and shellfish. We use peanuts in our kitchen and take every precaution to ensure the safety of our guests; however, we cannot guarantee the absence of cross-contamination. If you have any allergies or dietary restrictions, please inform your server before placing your order. Your safety is our priority.

Suitable for vegetarians. Suitable for Vegans. Gluten Free.

Gluten free option available on request

Vegan option available on request

STARTERS

PRAWN CRACKERS & DIP	5
SOFT SHELL CRAB - <i>Pboo Tod</i> Soft shell crab spicy Thai salad * * *	14
CHICKEN SATAY - <i>Gai Satay</i> Marinated barbecued chicken, served with peanut sauce	10
TEMPURA KING PRAWNS - <i>Gung Tod</i> Lightly battered crispy king prawns, served with sweet chilli dipping sauce	10
TEMPURA CALAMARI - <i>Plaa Murg Tod</i> With lemon & sweet chilli sauce	10
DUCK SPRING ROLLS - <i>Po Pia Bped Tod</i> Shredded roast duck and vegetable rolls with cashew nuts and hoi sin sauce	10
CRISPY PORK BELLY - <i>Moo Gob</i> Served with a dark sweet soy dipping sauce	9
VEGETABLE GYOZAS - <i>Gyoza Pak</i> Vegetable filled dumplings served with sweet chilli sauce	8
VEGETABLE SPRING ROLLS - <i>Po Pia Tod</i> Vegetable spring rolls, served with sweet chilli or plum sauce	8

TOM YUM SOUP * * *	
Mushroom	8
Chicken	9
King Prawns	11
A traditional spicy hot & sour Thai soup with galangal, lemongrass & kaffir lime	

STIR FRY

All stir fries can be made gluten free or vegan on request.
Served with steamed rice.

Chicken	14.95	Beef	15.95
King Prawns	15.95	Duck	16.95
Seabass	24		
Mixed Beans & Vegetables			13.95
GARLIC, CHILLI & BASIL - <i>Pad Grapraw</i> * * * Stir fry with garlic, chilli, basil & mixed vegetables			
GINGER - <i>Pad Khing</i> Stir fry with ginger, garlic & mixed vegetables			
SWEET & SOUR - <i>Pad Pryiow Waan</i> Stir fry with sweet & sour sauce & mixed vegetables			
BLACK PEPPER - <i>Pad Prig Thai Dum</i> * * Stir fry in a black pepper sauce & mixed vegetables			
OYSTER SAUCE - <i>Pad Nam Mun Hoi</i> Stir fry with oyster sauce & mixed vegetables			
CASHEW NUTS - <i>Pad Mid Ma Muang</i> * Stir fry with cashew nuts & mixed vegetables			

NOODLES

Chicken	14.95	Beef	15.95
King Prawns	15.95	Duck	16.95
Mixed Beans & Vegetables			13.95

PAD THAI NOODLES
Rice noodles in chef's sauce with bean sprouts, egg and roasted ground peanuts

EGG NOODLES - Pad Mee Kai
Stir fried egg noodles with bean sprouts

DRUNK NOODLES - Pad Key Mao * * *
Stir fried rice noodles with chilli, basil, bean sprouts and bamboo shoots

CURRIES

All curries are made gluten free. Served with steamed rice.

Chicken	15.95	Beef	16.95
King Prawns	16.95	Duck	17.95
Seabass	25		
Mixed Beans & Vegetables			14.95

MASSAMAN CURRY - *Gaeng Massaman* *
Creamy flavourful peanut curry with tomato, onions & potato

GREEN CURRY - *Gaeng Khiao Waan* * * *
Green curry with bamboo shoots, courgettes and basil

RED CURRY - *Gaeng Daeng* * * *
Red curry with bamboo shoots, courgettes and basil

YELLOW CURRY - *Gaeng Kahree* * *
Yellow curry with coconut milk, potatoes & roasted onion

NOODLES & SIDES

Steamed Rice	4
Egg Fried Rice	4
Coconut Rice	4
Garlic Noodles	7
Mixed Vegetables	7
Chips	4.50

All weights of our meat are approximate uncooked.

All meals may contain nuts or nut derivatives.
Fish may contain small bones.

All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy, please let us know before ordering. Full allergen information is available on request.